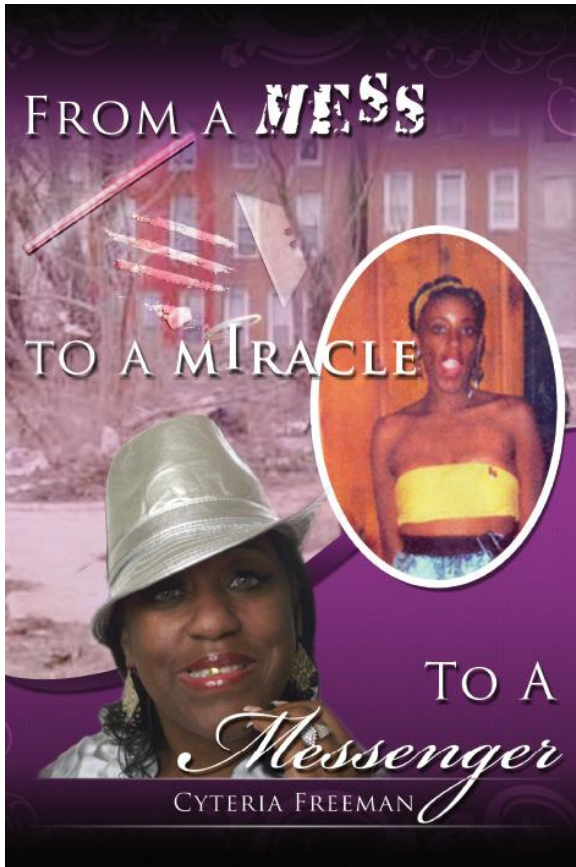




Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com



AUTHOR: Cyteria Freeman

PUBLISHER: Pecan Tree Publishing

ISBN: 978-0-9821114-5-1

GENRE: Non-Fiction, Christian/Inspirational Living

MARKETING: Mass release distribution, virtual and digital book tours, book club eblast campaigns, radio/television interviews, national and regional publication placement

DISTRIBUTION: Bowker, Ingram, Baker and Taylor, Amazon and Barnes and Noble (through NetSource Distribution), Cushcity, Direct to independent retailers, online through company website, author website, independent online retailers

APPEARANCES: Radio/television (regional), spoken word venues, book clubs, literary conferences, ministry organizations



Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

ABOUT FROM A MESS TO A MIRACLE TO A MESSENGER

Many times personal stories like that of Reverend Cyteria Freeman, stories that go to extreme depths of darkness and despair don't result in an uplifting, triumphant pinnacle in life. In her autobiographical story *FROM A MESS TO A MIRACLE TO A MESSENGER*, Rev. Freeman candidly shares the personal demons she faced for much of her life. From the very first words of the book, Freeman recounts how she lived as a drug addict, a promiscuous unwed teen mother and a woman who wasn't afraid to fight for any reason. Freeman relates how in her Daytona neighborhood of the 1970s and 80s she was firmly immersed in the destructive life of alcohol, cocaine and any other substance to help her reach a new high.

Through the journey expressed in *FROM A MESS TO A MIRACLE TO A MESSENGER* readers experience the many highs and lows of Rev. Freeman's life. At times the young woman demonstrated a clear understanding of her unhealthy lifestyle and its distasteful effects as well as a repeated spiritual yearning to have a relationship with God. She attended rehabilitation treatment on several occasions and even had the audacity to proclaim to her dealers and fellow junkies that one day she would be free from the grasp of drug addiction. Other times Freeman couldn't see through her drug-induced haze to care for her five children, the family and friends who were affected by her actions and most importantly herself.

FROM A MESS TO A MIRACLE TO A MESSENGER is ultimately an inspirational journey. Rev. Freeman shares her faith and inspirational Bible verses to help bring understanding to her dramatic life turnaround. Rev. Freeman shares how it is her faith that helps her maintain a clean life and has allowed her to forgive and rebuild the important relationships in her life. This book is both a cautionary tale and an inspirational look at the power of faith and the human spirit.



Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

ABOUT REV. CYTERIA FREEMAN

Struggle, hardship and despair are all appropriate words to describe the life of Reverend Cyteria Freeman, but ultimately her story and life are inspiring and triumphant. Born in Daytona, Florida, Freeman was the daughter of an absentee drug-dealing father and a long-suffering mother who did her best to support her daughter even as her life spiraled downward. By the age of 16, Freeman had dropped out of Campbell Junior High and was living alone in an apartment with her three young children. By then drugs had already begun taking their disastrous toll on her life.

Angry, abused and strung-out are words that describe a large portion of Freeman's life. She got by on a never-ending diet of alcohol, cocaine, heroin and anything she could get her hands on to get a high. She had two more children then attempted to complete a drug rehabilitation program in 1990. After eight months of sobriety, she fell into familiar habits and began another stint of five years of drugs and alcohol controlling her life.

Today Rev. Freeman is drug-free, thankful to be alive and inspired to tell her amazing story. She completed rehab in 1995 and has remained clean. As a minister and member of Living Faith World Ministries, Freeman counsels people who are struggling with drugs and financial hardships as she did as well as other obstacles that they face. In 2009 she began taking college courses in a human services program which deals with issues of addiction and emotional and psychological problems in order to gain understanding to strengthen her counsel. In addition to being a busy wife, student, mother and grandmother, Reverend Freeman is owner of Unlimited Miracles and co-owner of Victoriously Overcoming Substance Abuse Ministry.





Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

For Media Interviews, contact:
E. Claudette Freeman 877.207.2442 ext. 110

Overcoming Despair in Daytona to Live in Grace

(Daytona Beach, FL, 2010) -- In an autobiographical story that chronicles her addiction to drugs, promiscuity and a host of bad decisions, Reverend Cyteria Freeman delivers a no-nonsense look at her harsh life. FROM A MESS TO A MIRACLE TO A MESSENGER (Pecan Tree Publishing, ISBN: 978-0-9821114-5-1) is Rev. Freeman's account of growing up in Daytona of the 1970s and 80s and how she broke free of a life of self-destruction and began to live a life of purpose.

Raised in the projects, Rev. Freeman was a mother of three and a high school dropout by the age of 16. In her book she recalls the conspiratorial experiences in the drug world with her neglectful drug dealer father and addicted siblings as well as the patient efforts of her mother as one of the few positive influences in her life. Through abuse, jail stays, stints in rehab and a persistent calling in her spirit, Rev. Freeman learned to overcome her desperate circumstances.

"She realized the road to victory is not always easy, but it is not impossible. The choices she made determined her outcome," says Apostle Tony Barhoo, Founding and Senior Pastor of Living Faith World Ministries in Daytona Beach. "Her life is the perfect example that brings hope to those that don't see a way out. She knew that God did not design her to fail, to be defeated, or to be overcome by life's situations. God gave her the power to be victorious."

Mixed with Rev. Freeman's own reflections, comments from her children, siblings and friends add poignancy and help convey the hardships of poverty and drug addiction. Today Rev. Freeman uses her personal experiences to minister to others who are dealing with addiction and their own personal demons. She is co-owner of Victoriously Overcoming Substance Abuse Ministry.

With her book Freeman hopes to "touch the life of every reader in a profound way, to bring hope and assurance that you can be free and life can be good after addiction."

Therapist and counselor Dr. Patti Hall-Pennell says, "She speaks what she believes, has put gossip and anger behind her so that her beautiful person inside could come out to be an inspiration and give others the courage to take the steps that she did in order to be Delivered."

Pastor Jeffrey Robinson of Mount Carmel Missionary Baptist Church in Daytona Beach, Florida is one of the many people who believe in the power of the message in this book. He says "this book demonstrates that transparent testimonies have the power to transform lives."

For retail information about FROM A MESS TO A MIRACLE TO A MESSENGER or to learn about Rev. Cyteria Freeman's appearances telling her inspiring story of overcoming drug addiction, contact Pecan Tree Publishing at 877-207-2442 or email Jean Washington at jwashington@pecantreepress.com.



Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

For Media Interviews, contact:
E. Claudette Freeman, 877.207.2442 ext. 110

A Daytona Woman Overcomes Addiction and Lives to Inspire Others

(Daytona Beach, FL, 2010) – With the prevalence of drugs in communities around South Florida and around the country Reverend Cyteria Freeman’s story of breaking free of the bonds of addiction serves to warn and inspire. In her recently published book FROM A MESS TO A MIRACLE TO A MESSENGER (Pecan Tree Publishing, ISBN: 978-0-9821114-5-1) Rev. Freeman unflinchingly tells her story of hardship and eventually finding happiness.

Growing up in Daytona during the 1970s and 80s, Freeman lived her life getting high on cocaine, heroin and alcohol. She was a dropout and young mother of five who couldn’t see through the haze of drugs and alcohol to be able to care properly for her children or herself. Freeman clearly remembers her lack of concern for anything besides getting high.

“When I say hell, I mean I had no control over nothing. Didn’t care what I had to do -- lie, cheat or whatever I had to do to get high. No matter who I had to step on or hurt, I had to get high,” she stated in a 1998 interview with the *Daytona Beach News-Journal*.

After a second attempt at rehabilitation Stewart-Marchman Treatment Center in 1995 Freeman was able to remain clean and sober and begin to rebuild a healthier life. She is a minister and an active member of her church, and it is her faith in God that she credits most for helping her to overcome the “demon” of drugs. In addition to sharing her story in FROM A MESS TO A MIRACLE TO A MESSENGER, Rev. Freeman has a ministry that allows her to counsel others facing obstacles in life.

“I do not and will not judge anyone’s path away from drugs. I will instead pull them out as much as I can. I will offer them the same deliverer that went into the gates of hell for me. I will tell them that I know that I am done with it and they can be too. I am delivered.”

Therapist and counselor Dr. Patti Hall-Pennell believes in the strength of that ministry.

“I hope her ministry is able to be a rainbow that can shed light on the path so that others do not choose to use drugs or fall into any of the other things that are in the world to entrap us. And if they do so choose, I hope her message can help give them the courage to step forth and be delivered from the pain and the shame and all of the other emotional and psychological traps that are part of the baggage.”

For retail information about FROM A MESS TO A MIRACLE TO A MESSENGER or to learn about Rev. Cyteria Freeman’s appearances telling her inspiring story of overcoming drug addiction, contact Pecan Tree Publishing at 877-207-2442 or email Jean Washington at jwashington@pecantreepress.com.



Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

FROM A MESS TO A MIRACLE TO A MESSENGER EXCERPTS

I could have taken him at his word but that wasn't good enough. He made this hot commodity sound better than any product promoted by a well-paid advertising agent. I liked his advertisement and bought into what he was selling - literally. As the drug started flowing from corner to corner, my sister and I were in the thick of it. She was older than me and had dabbled and dabbled in different narcotics. She and I were always partners in crime, always into something like sneaking out the bedroom window to the dances in Campbell School's gym. Sure my mom had laid the hammer down and said we could not go for one reason or another; but surely she didn't want us to not show off our moves beneath the disco lights. The gym was transformed and it would be like the teenagers' night club with DJs and loud music. It was not a party until someone put on the Jackson 5 - Rockin' Robin, ABC 123 - that was when girls couldn't decide if we loved Michael, Marlon or Jermaine more.

It was no surprise to me (or her) that she too was fascinated with this new high they call crack cocaine. We started using and selling this drug for Miami. Then I started using it for the thrill of it. I loved the way crack cocaine made me feel. It would send tingles through more enticing than the touch of any lover and it had no ill words to speak to me or of me. It felt sweet and then it allowed me to become numb. Crack cocaine became the high of choice in my diet of street pharmaceuticals. Do not take the fact that I refer to it as a diet lightly. For a diet is merely the combination of a daily intake of substance – usually food. For me, the late 80's and early 90's found me on a diet of drugs that maintained my life.

What I discovered is I could take one drug to behave in one particular manner. If I needed to transform into another personality, I simply took a different drug. If I needed to just become smooth and chill, it might be just a little weed or a little swallow of the special elixir being shared at the moment. My diet was black beauties, yellow jackets, Christmas trees – speed of every strength and color, malt liquor and any other kind of liquors. They kept me moving. I didn't have to think about anything or feel anything.



Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

EXCERPT 2

Some died and were found with the fluids from their bodies oozing; the only way the others high around them knew they had – as they say – crossed over. We would mourn long enough to decide to get high to forget somebody was dead. That could have easily been me. There were times I would be so high I thought if I went to sleep - I would never wake up. So I would grab hold of that fear and use it to keep me awake for days on end. I would pray and cry in the midst of the fatigue and high state of mind, “God please don’t let me die like this! I don’t want to be one of these people.” But like lot of users, that death fear would pass with another light of the pipe. We simply kept it pushing.

So often I think about the nights I would walk through the pass in the projects, with nothing but the moon lighting the way. I didn’t always hear that voice of warning. I knew it was dangerous. I knew that the deeper I walked into it the more likely I could be pulled into the woods. I knew that every step I took through that pass, I put myself in the position for one of the neighborhood kids to come through there the next morning and find Pumpkin exposed with insects crawling over my body. I knew that it would have been real easy for the police to just say another crack head was found dead and it would be a neighbor who had to tell my mother and my children. I was just so tired, too tired and too strung out to seek a safer route; instead I would walk through there and pray the whole time. I would walk and pray - that is what I did.



Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

EXCERPT 3

While I lived with crack, the streets (and some that I called friends), plastered me with many labels. They called me a slut. They said I was no good. They scandalized me and waited with great anticipation for my demise. Interestingly, there are many who see me stand by the sacred desk and preach God's word that can not get past those labels. They see me and many whisper from the pews, "that was the one that was strung out."

There are people who I was on drugs with and they see me and say, "Wow if Jesus can change you He can change me." I tell them yes he definitely can. That is what it is all about. I still have challenges – and no – they do not include crack cocaine. It is like David and Goliath, God is teaching me to take the head off of my giants – because the head cuts off the circulation of life.

One of my giants has always been rejection. I had to take its head off especially with the ministry my sister and I were called into. I could not worry about rejection if I was going to offer salvation and deliverance to those still struggling with crack. So I take my ears off of the remarks about how I used to be where they are, or how do I know I won't be back – instead I focus on my purpose; to bring you to this new life. This new life I live brings with it a high whose side effects are promises, provision, prosperity and everlasting life. I stand victoriously in the confidence of God.



Pecan Tree Publishing
2207 Jackson Street, Suite 107
Hollywood, FL 33020
877.207.2442/O 954.272.7041/F
www.pecantreepress.com info@pecantreepress.com

INTERVIEW SUGGESTIONS

- 1) How do you deal with your life struggles now?
- 2) The author mentions that she does not call herself a “recovering addict” because of her conviction in God’s healing. Is she able to associate with people from her past or places that may hold bad memories?
- 3) The author began taking college courses in a Human Services Program in January 2009 that focus on addiction, counseling, and emotional and psychological trauma. Speak with the author about that experience and what she has taken from it.
- 4) Speak with the author about how she and her children cope with the past as well as goals and plans for the future.
- 5) Discuss some of the drug-related issues that face Daytona and other communities. What does the author think community members and officials can do to improve the situations?
- 6) What inspired the author to become a Minister?
- 7) In her ministry how does the author connect with and counsel the people who are dealing with issues other than drugs?